



MIDSUMMER PLANTING GUIDE

Cool Crops for Zone 5

2019

Crop	Approx. Plant Dates	Days to maturity	Cold hardiness	Harvest Dates
Basil	Aug. 1 - 5	30-60	Sensitive to Frost	Oct. 8 - 12
Beets	Aug. 11- 17	50-60	Survives high 20s	Nov. 8 - 15
Bush Beans	*Aug. 5 - 8	45-65	Sensitive to Frost	Oct. 8 - 12
Broccoli	*Aug. 5 - 8	50-70	Enjoys light frost	Nov. 8 - 15
Brussels sprouts	*Aug. 5 - 8	90-100	Hardest - down to 20° Sweeter after first frost	Dec. 15 - 21
Cabbage	*Aug. 5 - 8	50-90	Hardest - down to 20°	Dec. 15 - 21
Cauliflower	*Aug. 5	60-80	Survives light frost	Nov. 8 - 15
Cilantro	Aug. 1 - 5	60-70	Survives light frost	Nov. 8 - 15
Collard greens	Aug. 1 - 5	40-65	The hardest - down to 20°	Dec. 15- 21
Garlic	Sept. 8 - 15	Harvest the following July	Winters over in ground	Harvest the following July
Green onion	Aug. 11- 17	60-70	Survives high 20s	Nov. 8 - 15
Kale	Aug. 1 - 5	40-65	The hardest - down to 20°	
Kohlrabi	Aug. 1 - 5	50-60	Survives light frost Better after first frost	Nov. 8 - 15
Leaf lettuce	Aug. 1 - 5	40-60	Survives light frost	Nov. 8 - 15
Mustard greens	Aug. 1 - 5	30-40	Survives light frost	Nov. 8 - 15
Peas	Aug. 1 - 5	70-80 (longer than if planted in spring)	Survives high 20s	Nov. 8 - 15
Radishes	Aug. 11- 17	30-60	Dig until soil freezes	Nov. 8 - 15
Spinach	Aug. 1 - 5	35-45	Survives light frost	Oct. 8 - 12
Swiss chard	Aug. 1 - 5	40-60	Survives light frost	Oct. 8 - 12
Turnips	Aug. 11- 17	50-60	Survives light frost	Oct. 8 - 12

*Plant seedlings instead of seeds